

Healthcare Provider CPR

**AUTHORIZED
TRAINING
CENTER**

American Heart
Association 
Learn and Live

BLS CPR for the Healthcare Provider

American Heart Association Training

As the world leader in Emergency Cardiovascular Care (ECC) and CPR training, we offer the highest-quality courses and training materials available.

Course Format

Video-mediated instruction is the primary format of our courses and our students follow the “practice-while-you-watch” format. This format allows for maximum skill practice time and is proven to help students learn multiple psychomotor skills. Throughout the course, instructors introduce a topic, then show a video segment that shows the steps to perform the skill.

Course Description

The American Heart Association's Basic Life Support (BLS) training reinforces healthcare professionals' understanding of the importance of early CPR and defibrillation, basic steps of performing CPR, relieving choking, and using an AED; and the role of each link in the Chain of Survival.

It is valid for college entrance prerequisites and accepted by all CA State Boards. Healthcare Provider CPR is for employees who need CPR (cardiopulmonary resuscitation) training and a course completion card. The intended audience includes:

- Students: nursing, EMT, paramedic
- Medical Professionals
- Fire and EMS personnel
- Emergency Response Team personnel
- Lifeguards



Course Content

- Adult, child rescue breathing
- Adult, child CPR/AED – 1 Rescuer
- Adult, child CPR/AED – 2 Rescuers
- Adult, child relief of choking
- Adult, child bag-mask use
- Infant rescue breathing
- Infant CPR
- Infant relief of choking
- Infant bag-mask use

Course Options

| | |
|------------------------|-----------------------|
| Initial Course | 4-5 hours to complete |
| Recertification Course | 3 hours to complete |
| Blended Course | 1 hour to complete |

Follows 2010 Guidelines for CPR

For more information on American Heart Association Courses, contact



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